

## Teaneck Community Charter School Menu: **DECEMBER 2023**

\*Everyday Sandwich options: Turkey, Ham, OR Cheese; \* Everyday salad options: Garden or Caesar

4	5	6	7
*Hamburger w/ bun *French fries *Buttery Sweet Corn V: Vegetarian Burger w/ bun	*Taco Tuesday: Traditional Taco Chicken *Corn tortilla chips *Fresh salsa *shredded cheese V: roasted taco veggies	*Grilled Cheese w/ tomato *Oven Roasted potatoes *Mixed Vegetables	*Chicken Nuggets *French Fries *Buttery Sweet Corn V: vegetarian tenders
11	12	13	14
*Broiled Hot Dogs w/ buns *Tater Tots *Baked Beans V: Beyond Sausage	<b>HALF DAY</b>	*Chicken Teriyaki Potstickers *Steamed Brown Rice *Asian Vegetable Medley V: Vegetarian Potstickers	*BBQ Salisbury Steaks *Oven Roasted Potatoes *Cut green beans V: BBQ Vegetarian Burgers
18	19	20	21
*General Tso's Crispy Boneless Wings *Steamed Brown Rice *Spring Roll *Stir fry veggies V:Vegetarian Tenders	*Italian Sausage on potato bun *Oven roasted potatoes *Caramelized onions, peppers, and tomatoes V: Beyond Sausage w bun	*Chicken empanadas *Tostones w/ Garlic & Oil *Bean sauce w/ roasted veggies V: Spinach & Cheese Empanada	*Vegetable Lasagna *Garlic Bread *Broccoli w/ garlic & EVOO
25	26	27	28
<b>CLOSED FOR HOLIDAYS</b>	<b>CLOSED FOR HOLIDAYS</b>	<b>CLOSED FOR HOLIDAYS</b>	<b>CLOSED FOR HOLIDAYS</b>