

Teaneck Community Charter School Menu: **NOVEMBER 2023**

*Everyday Sandwich options: Turkey, Ham, OR Cheese; * Everyday salad options: Garden or Caesar

		1 *Vegetable Lasagna *Garlic Bread *Broccoli w/ garlic & EVOO	2 Breakfast for Lunch: *Boiled Eggs *Sausage Links *Home Fries *French Toast Sticks w/ PC syrup & butter
6 *Hamburger w/ bun *French fries *Buttery Sweet Corn V:Veggie Burger w/ bun	7 *Taco Tuesday: Traditional Taco Chicken *Corn tortilla chips *Fresh salsa *shredded cheese V:vegetarian chix fingers	8 CLOSED HALF DAY	9 CLOSED NJEA
13 *Broiled Hot Dogs w/ buns *French Fries *Baked Beans V:vegetarian meatballs w/ bun	14 *Penne Carbonara/no peas *Garlic Bread *Peas V:Penne Alfredo	15 *BBQ Salisbury Steaks *Oven Roasted Potatoes *Cut green beans V:Vegetarian Samosas	16 *Italian Sausage on potato bun *Oven roasted potatoes *Caramelized onions, peppers, and tomatoes V:vegetarian sausage
20 *General Tso's Crispy Boneless Wings *Steamed Brown Rice *Spring Roll *Stir fry veggies V:Veggie Potstickers	21 Roasted Turkey w/ gravy Corn Bread Stuffing Mac n Cheese Haricots Verts	22 CLOSED HALF DAY	23 CLOSED FOR HOLIDAY
27 *Chicken Teriyaki Dumplings *Egg fried rice *Asian Vegetable Medley V:Veggie Potstickers	28 Breakfast for lunch: *Scrambled Eggs *Sausage Patties *Home Fries *French Toast Sticks w/ pc butter/syrup	29 *BBQ Pulled Pork *Tater tots *Glazed Baby Carrots V:BBQ glazed veggie chicken fingers	30 *Jamaican Beef Patties *Coco Bread *Bean Sauce w/ roasted veggies V:Vegetarian Samosas