

# Teaneck Community Charter School Menu: **September 2023**

11	*BBQ Salisbury Steaks *Roasted Potato Wedges *Cut green beans V: BBQ Veggie Meatballs	12	*Chicken Parmesan *Penne Pasta w/ garlic & oil *Steamed Broccoli w/ garlic & oil V:Vegetarian Chicken Fingers w/ marinara	13	*Broiled Hot Dogs w/ buns *French Fries *Baked Beans V:Vegetarian Simosas	14	*Vegetable Lasagna *Garlic Bread *Peas & Carrots
18	*General Tso's Crispy Boneless Wings *Steamed Brown Rice *Spring Roll *Stir fry veggies V:Vegetarian Chicken Fingers w/ general Tso's sauce	19	*Grilled Cheese & Tomato *Macaroni Salad *Mixed Vegetables	20	*Italian Sausage on potato bun *Roasted Potato Wedges *Caramelized onions, peppers, and tomatoes V:Vegetarian Sausage on potato bun	21	*Baked Ziti *Garlic Bread *Steamed broccoli w/ garlic & oil
25	CLOSED YOM KIPPUR	26	*Hamburger w/ bun *French Fries *Sweet Corn V:Veggie Burger w/ bun	27	*Sticky BBQ Boneless Chicken *Steamed White Rice *Mixed Vegetables V:BBQ Vegetarian Chicken Fingers	28	*Eggplant Parmesan *Spaghetti w/ garlic & oil *Peas & Carrots

\*Monday-Thursday: Alt Sandwich options: Turkey, Ham, OR Cheese; & Salad options: Garden or Caesar

Friday Meal Options from Right Pizza: Pizza, Ziti, Turkey Sandwich

All orders MUST be placed online at [www.payforit.net](http://www.payforit.net)

**Order Deadline: 9/4/2023**