



TEANECK COMMUNITY CHARTER SCHOOL

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September 15, 2022

Hello Parents,

It was a pleasure seeing so many of you at last night's Back to School Night event! As I discussed in my presentation, I'm pleased to share that based on the feedback received from our spring 2022 parent and student surveys, we will be working with a new lunch vendor for the 22-23 school year!

We are excited to begin our new local partnership with the North Jersey Friendship House, who will be providing freshly prepared lunches each day (Monday-Thursday) from their kitchen in Hackensack. For more information on the North Jersey Friendship House, please visit <https://njfriendshiphouse.org/programs-services/catering/>. On Fridays, we will continue to serve Pizza and other options (Ziti or Turkey Sandwich) from another local vendor, Right Pizza.

Due to increased costs, please note that the updated price for our paid lunches will now be \$5.50 per meal (and \$2.75 for those who qualify for reduced price lunches). While the price may be slightly higher than it was in previous years, having had the opportunity to sample some of the offerings, I can assure you that the trade-off is a high quality meal that I am hopeful our students will enjoy.

Attached is our menu for October. All orders must be placed ONLINE by the posted deadline (September 23) and late orders can not be accepted. Please visit <https://tccsnj.org/school-lunch/> for additional information and ordering instructions. Note: When creating an account for online ordering, you will be asked for your student's ID#. This information is available in the parent portal.

If you have any questions, please feel free to reach out to me at rgallo@tccsnj.org or our new Lunch Services Coordinator, Ms. Kenia Arias at karias@tccsnj.org.

Thanks and Best Regards,

Ralph Gallo
Lead Person / Director

OCTOBER 2022

ORDER DEADLINE: Friday, September 23
All orders MUST be placed online at <https://tccsnj.org/school-lunch/>

LUNCH



Teaneck Charter School Menu

Provided by North Jersey Friendship House
(Monday - Thursday)
Daily "alternate meal": Turkey & Cheese Sandwich
Friday meals provided by Right Pizza



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



MONDAY

Cheese Raviolis
Marinara Sauce
Mixed Vegetables
Fruit Juice
Milk

3

TUESDAY

Chicken Nuggets
Corn
Baby Potato
Fruit Juice
Milk

4

WEDNESDAY

NO MEAL

5

SCHOOL CLOSED

THURSDAY

Pasta Alfredo with
Chicken
Broccoli
Fruit Juice
Milk

6

FRIDAY

Pizza
or
Baked Ziti
or
Turkey Sandwich

7

Hamburger on a WW
Bun
Mixed Vegetables
Sweet Potato
Fruit Juice
Milk

10

Chicken Teriyaki Strips
Brown Rice &
Vegetables
Fruit Juice
Milk

11

Penne Pasta
Marinara Sauce
Mixed Vegetables
Fruit Juice
Milk

12

Fish Sticks
California Vegetables
Fruit Cup
Milk

13

Pizza
or
Baked Ziti
or
Turkey Sandwich

14

Meatloaf with Gravy
California Vegetables
Mash Poatato
Fruit Juice
Milk

17

Lasagna Roll Up
Mixed Vegetables
Fruit Cup
Milk

18

NO MEAL

19

HALF DAY

BBQ Chicken
Cauliflower
Sweet Potato
Fruit Juice
Milk

20

Pizza
or
Baked Ziti
or
Turkey Sandwich

21

Chicken Nuggets
Mac & Cheese
Carrots
Fruit Juice
Milk

24

Beef Hard Shell Taco
Seasoned Corn
Fruit Juice
Milk

25

Turkey & Cheese on a roll
Potato Salad
Fruit Cup
Milk

26

Baked Ziti
Mixed Vegetables
Fruit Juice
Milk

27

Pizza
or
Baked Ziti
or
Turkey Sandwich

28

Grilled Cheese
French Fries
Mixed Vegetables
Fruit Juice
Milk

31

